FORA® TN'G Scale 550
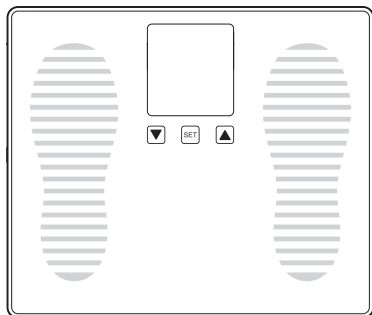
Weight Scale

Quick Start Guide

EN

Performing a Test

Start with the scale off. Press SET until the scale turns on. Press SET twice to enter settings.

Personal Profile Number

- Press ▲ ▼ to select a number from P1 to P5. Press SET.

Gender

- Press ▲ ▼ to set gender. Press SET.

Units

- Press ▲ ▼ to set the height to ft' in" or cm units. Press SET.
- When the height is set to ft' in", the unit of weight will be automatically set to pounds. When the height is set to cm, the unit of weight will be automatically set to kilograms.

Height

- Press ▲ ▼ to set the height between 3' 3.5" and 7' 2.5" / 100 cm and 220 cm. Press SET.

Age

- Press ▲ ▼ to set the age between 6 and 99. Press SET.

Language

- Press ▲ ▼ to set the voice language (English, Spanish or French). Press SET.

Volume

- Press ▲ ▼ to set the voice volume. Press SET.

Press SET to exit the setting mode.

Helpful Information

- When receiving the scale for the first time, or if you move the scale to a different location, press SET to turn the scale on and wait for the LCD to display 0.0. Please wait 2 seconds then start the measurement.
- Each profile is set up individually. Selecting Imperial or Metric for one profile does not affect the others.

FAQ

How does the TN'G Scale 550 weight scale work?

The TN'G 550 Weight Scale is Bluetooth-enabled to help you keep track of your trends for your weight loss goals or CHF. Download the iFORA Smart App or iFORA MP App from your smartphone's app store to review your data. Data automatically uploads to the 24/7 HealthView Telehealth System via Bluetooth or cellular Gateway.

What is the maximum weight limit of this scale?

The maximum weight limit is 550 lbs.

What's the proper way of taking a measurement?

Place the scale on a hard, flat surface. Weigh yourself at the same time every day, before breakfast or before getting dressed. Measurement must be taken with your feet dry and weight evenly distributed.

How often should I replace the batteries?

The lifespan of your battery will vary considerably with how it is used, how it is maintained, temperature, and other factors such as frequency of testing. The weight scale comes with four 1.5V AAA alkaline batteries. Replace them when the low battery icon appears.

Where can I review my data?

The Bluetooth-enabled weight scale connects to either the iFORA Smart App or iFORA MP App, where you can review your latest readings and keep track of your trends.

How do I upload results?

The FORA TN'G Scale 550 has Bluetooth capabilities and is compatible with various FORA Apps as well as the Gateway.

To upload results via the Gateway, please refer to the Gateway guide.

To pair the device to the iFORA Smart or iFORA MP app, please refer to the iFORA App Quick Guides.

What are the cleaning and disinfecting procedures for the TN'G 550?

To clean the outside of the scale, wipe it with a slightly damped cloth or a mild cleaning agent, and then dry the device with a soft dry cloth. Do not immerse the device in water and do not use chemical or organic solvents to clean the scale.

For additional information on the weight scale please refer to the user manual.

Troubleshooting

Measurements

Place the scale on a hard, flat surface. Soft or uneven flooring (e.g. carpets, rugs) may cause the scale to give an inaccurate weight reading. A non-slip stable platform may be used if a hard floor surface is not available.

- Measurement must be taken with your feet dry and positioned correctly on the electrodes. Remove your shoes and socks before stepping onto the scale.
- Step onto the scale with your feet parallel to each other and your weight evenly distributed.
- Weigh yourself on the same scale at the same time every day, before breakfast or before getting dressed.

Bluetooth

- While the weight scale is in transmission mode, it will be unable to perform a test.
- Make sure that your smartphone has turned on Bluetooth before transmitting the data and the weight scale is within the receiving range. For the requirement of OS version, please refer to your app store's app download page.
- Compatibility issues between your mobile device and the meter might occur due to the way Bluetooth functionality is implemented by the various mobile device manufacturers.

"HI" Error Message

- Receiving a "Hi" error message indicates the subject exceeds the maximum capacity of the device. If you follow the recommended action but the problem persists, or if error messages other than the ones shown above appear, please contact customer service. Do not attempt to repair the device by yourself and do not try to disassemble the scale under any circumstances.

"Lo" Error Message

- Low battery error message. Please switch to new batteries and try the measurement again.

For questions on how to use the FORA medical devices, please contact the
FORA Customer Service Line at **1-888-307-8188**