

FORA[®] Premium V10_{BLE}

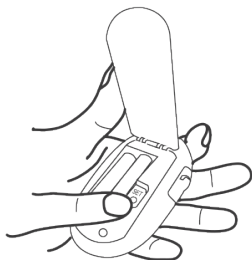
Blood Glucose Monitoring System



Quick Start Guide

EN

Product Overview



Start with the meter off (no test strip inserted). Open the battery compartment on the back and press the SET button.

Setting the date and the time

- With the year flashing, press M until the correct year appears. Press SET.
- Repeat with the month/day/hour/minute. Press M until the correct value appears. Press SET.

Delete Memory

- Option to delete memory. Press SET to skip this step.

Volume

- Press M for desired volume (0 mute - 7 highest). Press SET.

Language

- Press M to select L1 (English), L2 (Spanish), or L3 (Chinese). Press SET.

Alarms

- Optional alarms. Press SET while OFF appears on screen to skip.

General Information

- Meter will switch off automatically if left idle for 3 minutes.
- Meter should transmit data automatically. For more information on uploading data with the cellular Gateway, please refer to the FORA Gateway guide.
- If you have questions about the accuracy of results, please contact customer service.
- To pair the device to the iFORA BG, iFORA Smart or iFORA MP app, please refer to the App quick guides.

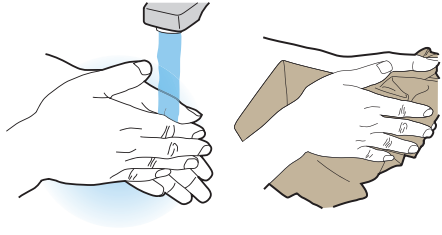
Blood Glucose Strips

- **Strips have an expiration date.** Please check strip container for the expiration date before using.
- Strips expire **90 days after opening.** Please mark the date of opening on the strip container to calculate the expiration date.
- Expired strips should not be used because they could provide inaccurate results.
- Strips can be contaminated if not stored in the original container.
- Storage conditions: 39.2°F - 104°F (4°C - 40°C).

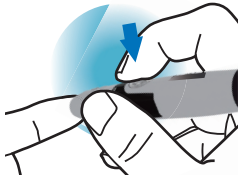
Performing a Test

Blood Glucose

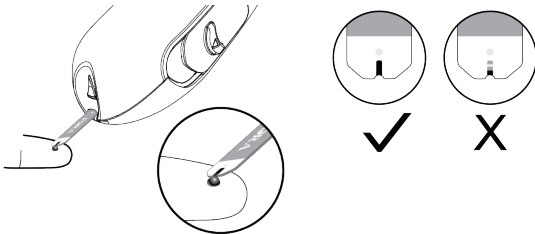
1. Wash your hands.



2. Insert lancet into FORA lancing device and close.
3. Insert test strip into the meter.
4. Press lancing device against fingertip and click the release button.

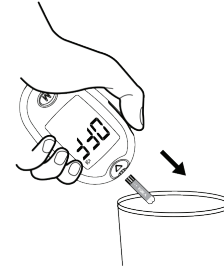


5. Apply the blood sample to the absorbent hole of the test strip.



6. Wait 5 seconds for results.

7. Eject the test strip from the meter to ensure the results are automatically uploaded to the 24/7 HealthView Telehealth system if the meter is paired to an app or within range of a Gateway.



How does the Premium V10 BLE glucometer work?

The Premium V10 BLE measures blood glucose from fresh capillary whole blood samples. Download the iFORA Smart App, iFORA BG App, or iFORA MP App from your smartphone's app store to review your data. Data automatically uploads to the 24/7 HealthView Telehealth System via Bluetooth or cellular Gateway.

What's the proper way to take a measurement?

Wash and dry your hands before starting, insert the test strip into the device, rub the puncture site for about 20 seconds, puncture your finger, wipe away the first drop of blood, squeeze the finger to produce a larger sample size, and carefully touch the finger to the tip of the test strip allowing the absorbent hole to sip in the blood.

How often should I replace the batteries?

The lifespan of your battery will vary considerably with how it is used, how it is maintained, temperature, and other factors such as frequency of testing. The glucometer comes with two 1.5V AAA alkaline batteries. Replace them when the low battery icon appears.

Where can I review my data?

You can check your memory on the Premium V10 BLE for the latest 450 readings by pressing the M button, or to keep track of your trends, the Bluetooth-enabled meter will connect to the iFORA Smart App, iFORA BG App, or iFORA MP App, which can be downloaded from your smartphone's app store. The meter also automatically uploads data to the 24/7 HealthView Telehealth System via Bluetooth or cellular Gateway. The product user manual can be downloaded from the website product page.

What is control solution and how do I use it?

Control solution is used to check if the meter and test strips are properly working together as a system. You only need control solution when you get a new set of test strips or think your results are not accurate. To use the control solution, insert the test strip into the meter as usual, apply the second drop of control solution to the test strip (do not apply control solution directly on to the test strip), and compare the results with the range printed on the control solution vial. Please note the expiration date, and discard any control solution that has expired or open for longer than 3 months.

What can I do if I receive an error code?

If there is an error, the device will show an error message on the display screen along with a code. Refer to the manual for the full error code listing. The most common error codes are listed on the next page.

What are the cleaning and disinfecting procedures for the Premium V10 BLE?

Clean the meter when you see any dirt on it. Disinfect the meter at least once a week to prevent infection. To clean, use one disinfecting wipe on exposed surfaces of the meter to remove visible dirt, blood or other fluids. Do not use organic solvents to clean the meter. To disinfect, clean the meter first. Then grab one disinfecting wipe and squeeze out any excess liquid to prevent damage. Wipe all meter's exterior surface display and buttons, but be careful not to allow excess liquid to get inside the test slot. Keep meter wet with disinfecting solution for a minimum of two minutes. Remove the wipe and allow the surface to dry completely. Discard the wipe. Wash your hands thoroughly after handling the meter, lancing device, and test strips to avoid contamination. This device has been validated to withstand up to 5,000 cleaning and disinfecting cycles using the recommended disinfecting wipes. See the user manual for more information.

For additional information on the Premium V10 BLE, please refer to the user manual.

Troubleshooting

Error Code	Cause	Solution
E-0, E-3, E-A, E-C, E-E	Problem with the meter	Review instructions and repeat test with new test strip. If the meter still does not work, contact customer service for assistance.
E-b	Low battery	Replace batteries and try again with new test strip.
E-F	Test strip removed too early	Repeat test with a new test strip. Wait for countdown to complete before removing the strip.
E-U	Used test strip inserted	Repeat test with a new test strip.
E-t	Ambient temperature out of operating range	System operation range is 50°F to 104°F (10°C to 40°C). Repeat the test after the meter and test strip are in the above temperature range.

For questions on how to use the FORA medical devices, please contact the **FORA Customer Service Line at 1-888-307-8188**